

The Cadre of Change

Erasmus+ Training Course
24. October 2014. – 1. November 2014.



Erasmus+



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The Cadre of Change

SUMMARY

- **Place:** Vadul lui Voda, Moldova
- **Participating countries:** Croatia (organizer), Moldova (host), Romania, Poland, Armenia, Georgia, Ukraine, France
- **Project duration:** 9 days (24. October - 1. November 2014.)
- **Participants per country:** 3

SHORT DESCRIPTION



The project is a result of partnership building activity 'Go East' conducted in Georgia in March 2014.. We realized that there are several issues common to all of the organizations that need addressing, many of them concerning the inefficiency of their work in terms of audience and young people to work and bring attention of a wider public

to the social issues of their local community and country.

The main objectives of the project are: To teach youth workers tools useful in promotion of their work such as: social media, photography, videos, flash mobs, exhibitions, fairs etc. To create or develop new communication channels and platforms (such as: Facebook, YouTube, Twitter) To raise awareness on the social issues relevant to the work of participants among them and their target groups; To stimulate the sense of entrepreneurship and responsibility for their work among participants (a lot of young people feel resigned and put off not being able to reach out to their target group or raise voice on the important topic. Our project will help them use new tools to promote their work and focus most of their strength on issues they are working with); Create a link between professional business and social work by showing that skills relevant to work and career can be used and developed also in youth work, making the said person more attractive on a labor market.

We chose Moldova as the venue of the project due to several reasons. Moldova has a history of social activism held with the help of social media, especially in 2009, when on the 7th of April "the Twitter Revolution" took place conducted against the Fraud Elections. The participants of the project will thus have an opportunity to discuss and see the realistic outcome of social campaigns in the venue of the project and talk about the importance of such campaigns with people who were affected by them.



FINANCES & TRAVEL BUDGET LIMIT

Accommodation, living and other project / exchange related expenses: 100% funded by the EU. This includes everything except for travel costs.

Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the distance from your location of residence to the location of the project. These distances must be calculated using the distance calculator supported by the European Commission.

Country	Distance in KM	Compensation in €
Moldavia	100-499	180€
Romania	500-1999	275€
Armenia	500-1999	275€
Poland	500-1999	275€
France	2000-2999	360€
Georgia	500-1999	275€
Ukraine	500-1999	275€
Croatia	500-1999	275€

MONEY

Tip for changing money: bring euro and change those to Moldavian Lev in any bank in Moldova. This way you will get best exchange rate, but you can also pay in shops with VISA or MASTERCARD.

- 1 EUR is 18,60 LEU (MDL)
- Taxi Start (Normal Tariff) is 25,00 LEU
- Taxi 1km (Normal Tariff) is 3,00 LEU
- Coke/Pepsi (0.33 liter bottle) is 11,68 LEU
- Cappuccino (regular) is 25,30 LEU

TRANSPORTATION TO THE PROJECT

Traveling to the venue:

Firstly you should find a flight to **Chisinau (KIV)** airport. The arrival date is **24th of October, 2014** and the departure date is **1st of November 2014**. If you want to spend more time in Moldova it is possible to spend maximum 2 days before and after the project on own cost and book the travel tickets accordingly.

Trip from Chisinau airport to venue takes 40 min. It will cost not more that 10 lei by public bus (0.5 euro) or by taxi it costs 180 lei (for groups)- 180 lei is 10 euro. The name of the hotel is : "Nick's house" and it is on the street Balneara 5 in Vadul lui Voda.

Volim Volontirati – „VoVo“
Address: Klanjčić 49, Zagreb, Croatia
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BUS:

From airport of Chisinau you have to take the minibus nr 165. Go out at Maraton, it is the last station. From Maraton you have to go to Central bus station (Autogara Centrala) and ask for bus nr 31 or minibus nr 131. The bus goes to Vadul lui Voda town. You have to go out at station "Speranta" . Better to ask the driver to stop there.

TAXI:

There is also much more comfortable option to take a taxi from airport to Vadul lui Voda and it costs 180 lei (it is 10€ for a group). We can help to arrange taxi, but you don't get reimbursement for taxi bill according to the Erasmus+ framework.

We will reimburse the travel expenses after training course in accordance with the Erasmus+ framework. In order to make the reimbursement it is compulsory that you have all the necessary documents with you. If your travel costs exceed the official limits, the reimbursement will be limited to the maximum amount of travel costs allocated for each country. If you fail to provide all the necessary travel documents, we will be unable to reimburse you. For plane travel, the original documents that we need are:

- (1) E-ticket; (2) Invoice; (3) Proof of payment or receipt; (4) Boarding passes

It is very important to form the group of participants in time and buy the plane tickets to Moldova as soon as possible. We will be waiting for the list of participants and plane tickets from you **until the 21st September 2014 at least**. After the participants purchase the tickets, please send them to us by email.

ACCOMMODATION AND FOOD

Venue: Nick's house, Vadul lui Voda

Located at the popular summer vacation resort.



<https://www.facebook.com/MiniHotelNickHouse>

<http://www.vv.md/ro/baze-de-odihna/vadul-lui-voda-baze-de-odihna-nick-house.html>

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Rooms: People will share rooms of two, three, with the same sex. There is shower and bed linen in each room. You need to bring your own towel. The main activity room is located at the same building.

Food: Organizers will provide participants three meals per day and two coffee breaks. If you have allergies or special needs, inform the organizers.

Wi-Fi internet connection will be supplied in the conference room.



ABOUT MOLDOVA / CHISINAU

Check the following websites to get know more about lovely Chisinau:

- <http://www.moldovaholiday.travel>
- <http://www.worldofmoldova.com/en/cities-of-moldova/chisinau/>
- <http://www.moldova.md/en/turism/>



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PLANNED ACTIVITIES / SCHEDULE

	24th October	25th October	26th October	27th October	28th October	29th October	30th October	31st October	1st November	
	Day 1	Day 2	Day 3 Issue Day	Day 4	Day 5	Day 6	Day 7	Day 8	Day 10	
7.00 - 9.00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9.00 - 9.30		Energizers	Energizers	Energizers	Energizers	Energizers	Energizers	Energizers		
9.30 - 11.00	Arrivals	Official Opening	Social marketing. Needs of stakeholders	Tools of promotion	The role of photo and videography in social campaigns	The role and influence of social campaigns	Practical assignment - planning your social campaign	Visualize your work - preparation of exhibition and flash mob	Departure	
11.00 - 11.30		Coffe Break	Coffe Break	Coffe Break	Coffe Break	Coffe Break	Coffe Break	Coffe Break		
11.30 - 13.30		Getting to Know each other activities	The tools of engaging youth	The role of social media	Workshop on professional photo and videography	Strategical planning models of social campaigns	Work on the task in the city and the venue	Flash Mob in the City of Chisinau		
13.30 - 15.00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
15.00 - 16.30		Team Building	Organizational Fair	Use the space - street actions, street art, flash mobs	Practical photo activity	Tools and tips	Work on the task	Video Exhibition, Meetings with NGO's		
16.30 - 17.00		Coffe Break	Coffe Break	Coffe Break	Coffe Break	Coffe Break	Coffe Break			
17.00 - 18.45		Erasmus+ Presentation	Identifying common issues and methods	Techn. and admin. aspects of street work	Practical video activity	Work towards the ideas of participants' social campaigns	Presentation of the results Feedbacks			
18.45 - 19.00		Reflection Time	Reflection Time	Reflection Time	Reflection Time	Reflection Time	Reflection Time	Evaluation		
19.00 - 20.30		Welcome Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		Moldavian Dinner. Good Bye Party
20.30		Night Activities	Night Activities	Intercultural Night	Night Activities	Meeting with Expert??	Night Activities	Night Activities		Night Activities

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If you have any ideas and suggestions for our activities – don't hesitate to tell those! We want everyone to enjoy the stay in Moldova!

PREPARATION

The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the project. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should:

- Bring all your travel documents as presented above.
- Prepare for your county cultural evening. Please be fun and creative for this 😊 Any kind of activities are welcome
- We will be shooting and preparing exhibition in Chisinau center, if you have photo camera it would be great to bring
- The weather in October is about 20 degrees during the day and 6 degrees during night, so bring appropriate clothes. Please bring clothing and shoes that can be used for sports and/or strenuous activities (such as dancing)
- If you have, bring some information about your organization and activities. We want to get know each other, to find out how people work with youth in other countries and maybe to cooperate in the future
- Bring good spirit, joy and happiness! 😊

BASIC RULES

All the participants will be expected to be present and active in all activities, unless being ill. Unauthorized absence from the activities and workshops won't be tolerated.

Smoking is prohibited everywhere inside buildings, thus all smokers will have to go outside or to special designated areas for cigarette.

Stress, nerves and bad mood is prohibited everywhere. Bring your best mood and big smile with you and keep it through the training course! Prepare for fun!

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LIST OF PARTICIPATING PARTNER ORGANIZATIONS

Creatorii	Moldova
Asociatia D.G.T.	Romania
Change, Grow, Become	Armenia
Instytut Wschodnich Inicjatyw	Poland
Urban Prod	France
Young Leaders Club	Georgia
Rodyna	Ukraine
Volim Volontirati – “VoVo”	Croatia

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• <https://www.fb.com/vergiliu.grosu>
• Tel: +373 6000 5004

If you have any questions, please contact us via e-mail: udrugavovo@gmail.com

This info pack is done in accordance with Erasmus+ legal framework and agreement with Croatian NA.

See you all in Moldova!

THOSE WHO ARE GOING TO OUR PROJECT, PLEASE JOIN OUR PRIVATE FACEBOOK GROUP!



Erasmus+



This project is funded by
the European Union

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